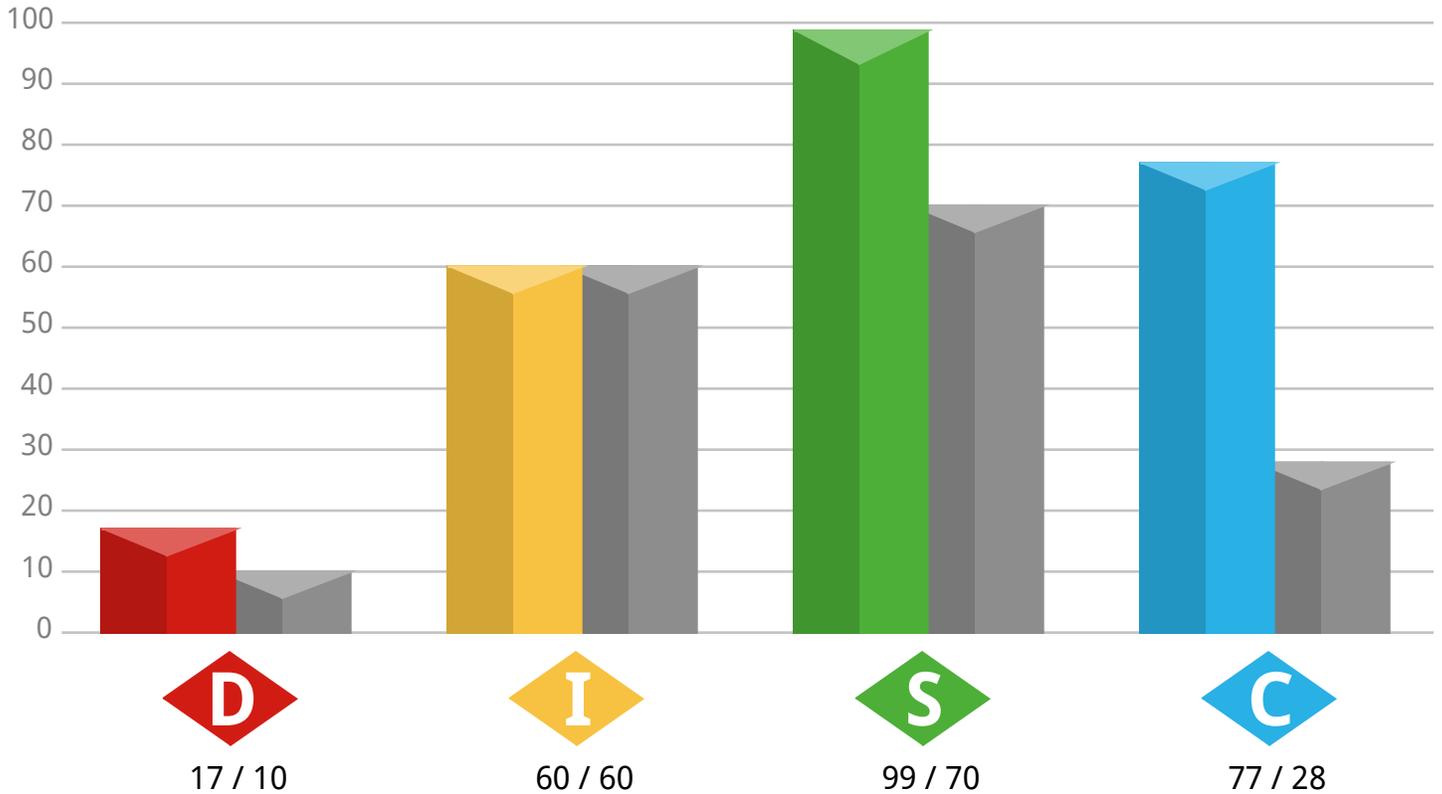




Natural and Adaptive Styles Comparison



Kaitlyn Samuels

Natural Style: The natural style is how you behave when you are being most natural. It is your basic style and the one you adopt when you are being authentic and true to yourself. It is also the style that you revert to when under stress or pressure. Behaving in this style, however, reduces your stress and tension and is comforting. When authentic to this style you will maximize your true potential more effectively.

Adaptive Style:

The adaptive style is how you behave when you feel you are being observed or how you behave when you are aware of your behavior. This style is less natural and less authentic for you or your true tendencies and preferences. When forced to adapt to this style for too long you may become stressed and less effective.



This page is unique in this report because it is the only one that doesn't speak directly to you, rather to those who interact with you. The information below will help others communicate with you more effectively by appealing to your natural behavioral style. The first items are things others SHOULD do to be better understood by you (Do's) and the second list is of things others SHOULD NOT do (Don'ts) if they want you to understand them well.

Things to do to effectively communicate with Kaitlyn:

- If you disagree with the direction, make an organized presentation of your position.
- Ask for input regarding people and specific assignments.
- Be candid, open, and patient.
- Provide logical and practical evidence.
- Provide testimonials from people seen as important and prominent.
- Present your ideas and opinions in a non-threatening way.
- Provide clear, specific solutions, and support your position.

Things to avoid to effectively communicate with Kaitlyn:

- Don't legislate.
- Don't rush the issues or the decision-making process.
- Don't use quick manipulations of ideas.
- Don't stick too rigidly to the agenda.
- Don't whine about all of the work you have to do.
- Don't use someone else's opinions as evidence.
- Don't force others to agree quickly with your objectives and position. Provide some time to warm up to the ideas.



Natural Style Pattern:

Your natural style is the way you tend to behave when you aren't thinking about it. This is where you are most comfortable (natural). This is also the style you will revert back to when under stress or moving too quickly to be consciously thinking about modifying your behavior. Finally, this is the style you should seek to be true to in your daily roles. Being natural will return better results with less effort and stress.

The following statements are true to just your unique natural style:

- You persuade others by demonstrating personal competence and encouraging others with a sense of optimism.
- You demonstrate a high degree of competence in your area of expertise.
- You have a large knowledge-base and a continuing appetite to learn more.
- Tend to be more modest than egocentric, but you also have the ability to become assertive when necessary for emphasis or communication.
- You score like those who desire to become the best they can, or an expert, in a specific area.
- You tend to be verbal and articulate about many different topics and issues.
- You place high expectations on yourself and others, and are able to help coach others into a stronger quality orientation.
- Tend to be optimistic and demonstrate high personal standards and set high goals for yourself.



Adaptive Style Pattern:

This is the style of behavior you adapt to when you are conscious of your own behavior, when you feel you are being observed or whenever you are trying to better fit a situation. This is not a natural style for you, but still one of your two styles none-the-less. In other words, it is the way you feel you "should" behave when thinking about it. The statements below are specific to your individual Adaptive style:

- Motivated to demonstrate good organizational skills in building complex processes, and following through to completion while maintaining a positive climate.
- Motivated to handle both the human side and the task side of many projects and situations.
- Excellent listening style. Known by others as an active and interested listener.
- Persuades others by offering empathy, understanding, and friendship.
- Scores like those who are empathic individuals who show a high 'sincerity-factor' in the things they do and say.
- Very inclusive of others on the team. No one feels left out.
- Known as one who will not show hostility toward others, even if it is present. No good can come from creating hostility or dissent.
- Accepting of a positive work atmosphere and avoids a climate of hostility or aggression.