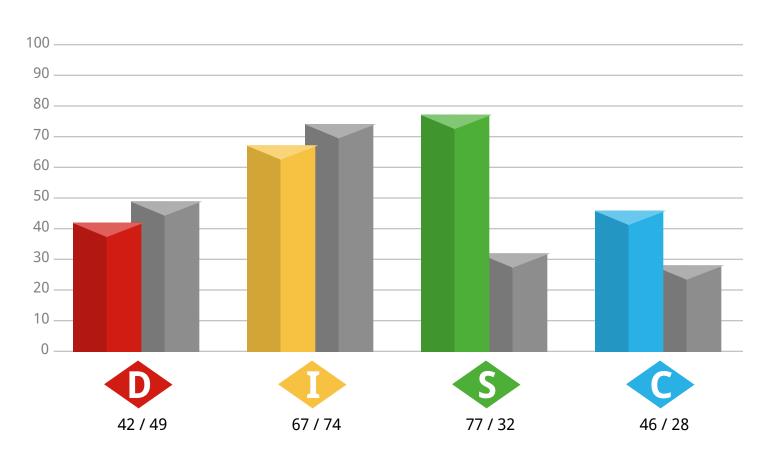
## **Natural and Adaptive Styles Comparison**



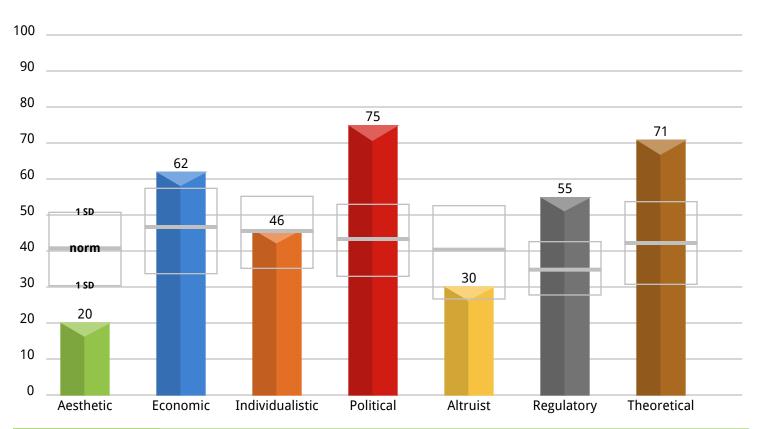
Natural Style: The natural style is how you behave when you are being most natural. It is your basic style and the one you adopt when you are being authentic and true to yourself. It is also the style that you revert to when under stress or pressure. Behaving in this style, however, reduces your stress and tension and is comforting. When authentic to this style you will maximize your true potential more effectively.

#### **Adaptive Style:**

The adaptive style is how you behave when you feel you are being observed or how you behave when you are aware of your behavior. This style is less natural and less authentic for you or your true tendencies and preferences. When forced to adapt to this style for too long you may become stressed and less effective.



# **Executive Summary of your Values**



Low Aesthetic	You have a bottom-line approach focusing on functionality over form or aesthetics.
High Economic	Your high drive for economic gain helps provide motivation through long projects and assignments.
Average Individualistic	You are not an extremist and able to balance the needs of both others and self.
Very High Political	You are a very strong leader, and able to take control of a variety of initiatives and maintain control.
Average Altruist	You are concerned for others without giving everything away; a stabilizer.
High Regulatory	You have a strong preference for following established systems or creating them if none present.
Very High Theoretical	You are passionate about learning for its own sake. You are continually in learning mode and bringing a very high degree of technical or knowledge base credibility.

This page is unique in this report because it is the only one that doesn't speak directly to you, rather to those who interact with you. The information below will help others communicate with you more effectively by appealing to your natural behavioral style. The first items are things others SHOULD do to be better understood by you (Do's) and the second list is of things others SHOULD NOT do (Don'ts) if they want you to understand them well.

#### Things to do to effectively communicate with you:

- · Outline individual tasks and responsibilities in writing.
- Present your ideas and opinions in a non-threatening way.
- Ask for input regarding people and specific assignments.
- Plan to talk about things that support dreams and goals.
- Provide testimonials from people seen as important and prominent.
- Find some areas of common interest and involvement.
- Offer input on how to make the ideas become reality.

### Things to avoid to effectively communicate with you:

- Don't offer assurances and guarantees you can't fulfill.
- Don't manipulate or bully into agreeing.
- Avoid being overly task-oriented.
- Don't legislate or issue edicts.
- If you disagree, don't let it reflect on others personally, and don't let it affect the relationship.
- Don't be domineering or demanding.
- Don't 'dream' too much together or you'll lose time.

#### **Natural Style Pattern:**

Your natural style is the way you tend to behave when you aren't thinking about it. This is where you are most comfortable (natural). This is also the style you will revert back to when under stress or moving too quickly to be consciously thinking about modifying your behavior. Finally, this is the style you should seek to be true to in your daily roles. Being natural will return better results with less effort and stress. The following statements are true to just your unique natural style:

- May be sought out by others in the organization to assist with a personal or team problem.
- Excellent coach or counselor with others on the team.
- · Socially poised without being an extremist.
- An excellent, empathic listening style.
- Sensitive to the needs of others on the team.
- Shows the rare ability to be a calming influence on angry people, because of active listening and high degree of patience and optimism.
- Tends to say 'yes' more than 'no' when asked to help out with a colleague's project or problem.
- Listens carefully to alternatives before making a judgment.

#### **Adaptive Style Pattern:**

This is the style of behavior you adapt to when you are conscious of your own behavior, when you feel you are being observed or whenever you are trying to better fit a situation. This is not a natural style for you, but still one of your two styles none-the-less. In other words, it is the way you feel you "should" behave when thinking about it. The statements below are specific to your individual Adaptive style:

- You show confidence in your ability to motivate and persuade others into the behaviors required for the desired outcome of the project.
- You want to be known as very people oriented. You like people, and want to be liked in return.
- Known as one with a remarkable ability to shift the mood from serious to lighthearted smoothly and easily.
- Motivated to be very well networked and you know a wide variety of people within the profession.
  This can be of enormous benefit to the team or organization as additional contacts become necessary.
- A moderate to higher risk taker, you may sometimes do the unexpected just to get attention, or create a surprise situation.
- You want to be seen as an easy person to be around, and won't deliberately antagonize others.
- You show motivation for a strong determination towards own agenda, and will work to motivate others to that position.
- You show the ability to speak to audiences and motivate others with poise, confidence, and excellent verbal skills.